

Friday March 2nd

Registration 5:00pm - 5:50pm

FLEXBONE TRIPLE OPTION

SESSION #1 - 6:00pm - 7:30pm

Mike Ricci

Garnet Valley High School - Head Coach

Split Back Veer

SESSION #2 - 7:30pm - 9:00pm

Jason Macdonald

Naval Academy Prep - Offensive Coordinator

QB Play in Flexbone

DEFENSE

SESSION #1 - 6:00pm - 7:30pm

Bob Trott

James Madison University - Defensive Coordinator

FCS Coordinator of the Year

JMU 4-2-5

SESSION #2 - 7:30pm - 9:00pm

Bob Trott

James Madison University - Defensive Coordinator

JMU 4-2-5 Continued

SPREAD OFFENSIVE

SESSION #1 - 6:00pm - 7:30pm

Dave Hahn

Manheim Central High School - Head Coach

Power game with variation from the spread offense

SESSION #2 - 7:30pm - 9:00pm

Rob Zeitman

Kent State University - Offensive Line Coach

Coaching the offensive line from the spread

WING-T

SESSION #1 - 6:00pm - 7:30pm

Rick Keeley & Dave Stahley

Berks Catholic High School

Back to the basics - Buck Sweep, Trap & Down

SESSION #2 - 7:30pm - 9:00pm

Rick Keeley & Dave Stahley

Berks Catholic High School

Wing-T Fundamentals, Practice Planning & Time Management

Pre-Registration Form

Name of Head Coach: _____

Name of High School: _____

Address of High School: _____

School Tel: _____ Home Tel: _____

Email: _____

Additional Coaches: _____

Payment Information

Pay with Check: Make Checks payable to Dennis lezzi

Mail Check to: Anthony Sottasante 621 Country Club Rd., York, PA 17403

Pre-Registration Fee - \$75.00 per Coach* | Walk-Up Fee - \$90.00 per Coach*

Pre-Registration Deadline February 20th, 2018. Must Send Check Ahead.

*Includes coaches social - Friday, Breakfast & Lunch - Saturday

**Coaches and topics subject to change.

Registration Dates:

March 2, 5:00pm - 5:50pm • March 3rd, 8:30am - 8:55am



**Friday March 2nd,
Saturday March 3rd,
2018**

400 St Bernardine St.
Reading, PA

Clinic Directors:
**Anthony Sottasante
Dennis Lezzi**

www.GoMailShark.com 1-844-894-5557
PRST STD
US POSTAGE PAID
MAIL SHARK
©2018 Mail Shark®
CODE



Alvernia University, Reading PA

**Friday March 2nd,
Saturday March 3rd,
400 St Bernardine St • Reading, PA**

The Clinic will feature a full day of intense football instruction from some of the best High School and College coaches in the Middle Atlantic Region.

Clinic Director: Anthony Sottasante - 717-424-5840

Clinic Director: Dennis Lezzi - 610-781-9787

Defensive Assistant: Alvernia University

Best Clinic Value on the East Coast!

- FREE Breakfast
- FREE Coach's Social
- FREE Lunch

REGISTER TODAY!

www.MeshPointFootball.com

Saturday March 3rd Agenda

8:30 am - 8:55 am Registration

SPREAD OFFENSE

- SESSION #1 -

9:00am - 10:30am

Mike Wood

Alvernia University - Offensive Coordinator

Using RPO's to level the playing field

- SESSION #2 -

10:30am - 12:00pm

Rob Zeitman

Kent State University - Offensive Line Coach

Option Game and Complimentary Plays

LUNCH

12:10 pm - 1 pm

Pizza - Wings

Sponsored by Parma Pizza



- SESSION #3 -

1:15pm - 2:45pm

Saj Thakkar

SUNY Maritime College - Offensive Coordinator

Inside Zone with Screen & Quick Game Concepts

Attached with Emphasis on QB Techniques

Pre/Post Snap Reads

DEFENSE

- SESSION #1 -

9:00am - 10:30am

Ralph Clark

Alvernia University - Head Coach

Defending RPO's from the 3-4-4

- SESSION #2 -

10:30am - 12:00pm

Clayton Kendrick Holmes

SUNY Maritime College - Head Coach

Defending the Triple Option

LUNCH • 12:10 pm - 1 pm

- SESSION #3 -

1:15pm - 2:45pm

Andy Wolfrom

United States Military Academy Prep - Head Coach

3rd Down Package with Nickel and Dime

as well as Short Yardage Defense

FLEXBONE OFFENSE

- SESSION #1 -

9:00am - 10:30am

Jason Macdonald

Naval Academy Prep - Offensive Coordinator

Nuts and bolts of zone dive and zone option

- SESSION #2 -

10:30am - 12:00pm

Jason Macdonald

Naval Academy Prep - Offensive Coordinator

Advanced Adjustments for Inside Veer and Midline

LUNCH • 12:10 pm - 1 pm

- SESSION #3 -

1:15pm - 2:45pm

Jason Macdonald

Naval Academy Prep - Offensive Coordinator

Flexbone Offensive-Line Play from A to Z

WING-T

- SESSION #1 -

9:00am - 10:30am

Gerry Gallagher

Legendary Wing-T Coach

Jet and Complimentary Plays

- SESSION #2 -

10:30am - 12:00pm

Brett Myers

Middletown, PA High School - Head Coach

Hybrid Wing-T Run Game with Buck Sweep Emphasis

LUNCH

12:10 pm - 1 pm

Pizza - Wings

Sponsored by Parma Pizza



- SESSION #3 -

1:15pm - 2:45pm

Barry Streeter

Gettysburg College - Former Head Coach

Expanding the Waggle and Keep Pass